

# Your Crossalks

TRAINEE	TRAINER
What's one thing I did well today?     	What's one thing you did well today?     
What's one specific thing I can do better to improve my performance?     	What's one thing you can better to improve your performance?     

Trainee's comments \_\_\_\_\_

Trainee's signature \_\_\_\_\_

Trainer's comments \_\_\_\_\_

Trainer's signature \_\_\_\_\_

Who will you try this on over the next 3 weeks? \_\_\_\_\_

Who will hold you accountable? Ask your **accountability partner** to complete the following:

"I, \_\_\_\_\_, commit to supporting  
| \_\_\_\_\_, over the next 3 weeks."